According to statistics, 20 couples leave allowed in infertile Iran, it can be done to more health services for couples, infertility causing stress and depression, self-esteem state, affective imbalance, Introduces infertility as one of the unfortunate sources of suggestion for women. One of the reasons that is causing double stress on women is that in developing countries, including Iran, motherhood has traditionally been accepted as an essential role for women. That is, childbearing stabilizes the status of a woman in the family and becomes the center of power, often childbearing is the only issue women perceive and women are blamed for infertility even if they are not the cause and suffer from community outlook and behavior. Sin can be allowed.