

UTAMI DEWI GODJALI (Indonesia)

FREETHEME

“Locked in Anxiety”

Anxiety became my inspiration to create works and be able to associate empathy with others. I am aware that there are many sufferers of anxiety out there but do not realize it, especially women and children.

In a state of anxiety, sometimes I feel like I'm in a room in a room, wanting to get out but scared; anxious and paranoid with something that is not clear, even though I am in reality.

Many people consider anxiety to be excessive, but they don't understand that we suffer. It's very good if we can realize the condition of anxiety that we experience, but what about those who have not noticed?