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The median is the plane which divides two things, itself occupying a liminal space between.

**'At the Median'** (2018 - ongoing) looks at the sensory and visual facets of my life with Obsessive Compulsive Disorder. In this project I locate my childhood memories in the contexts in which they occurred, both within my home life and in the surrounding area, in order to create allegorical representations of my lived experiences. Through doing so, I come to occupy a liminal space between past and present, allowing me to mediate between the two.

Set in the New Forest where I grew up, these meditative pictures unearth a personal journey, locating memories in physical space. These reminiscences span from my family home to familiar surrounding environments, and subsequently feature both new memories formed during trips home to make the work and old memories re-experienced in a new context. In my endeavour to express the indescribable aspects of my lived experience, I reflect on the way in which my mental health alters my perception, imparting both darkness and light to my worldview. Seeking to capture a different way of seeing which results from this perspective, I take a stylistic approach which is aimed at recreating my unique tactile experience.