

Visual Exercises. A Series of Diptychs (2018).

“In nature, nothing is perfect and everything is perfect. Trees can be contorted, bent in weird ways, and they're still beautiful.”

Alice Walker

Human body and nature.

Microcosm and macrocosm.

The human form: irregular, wrinkled, saggy. Imperfect.

Nature: wild, mysterious; sometimes incomprehensible, but always extraordinary.

Abnormalities and perfection.

By re-tracing the unity of formal elements, compositions, lines and shapes in the form of diptychs, the inter-relation of the human body and nature becomes apparent.

This analogy leads to the realisation of the perfection of both.

Estrangement from nature has led to the abuse of the environment and the body. Only through a reconnection with nature can we rediscover self-love and make the imperfect body perfect once more.